Don Sessions is a retired head and neck surgeon who has been a full-time gardener in Kirkwood for over 17 years. As the Flower Guy, he photographs flowers in his gardens as they bloom and shares them with an extensive Flower List along with information and more recently poems about the images. Don has a lifetime interest in the arctic having participated in eight canoe expeditions to Nunavut and the Northwest Territories. Many ending at the Arctic Ocean. This adventure allowed him to traverse the Northwest Passage looking into the history of Arctic exploration and be able to see The Land from the ocean - the other side.